

5 Element Acupuncture for Busy Practitioners

Program Syllabus Fall 2025 - Winter 2026

Timing:

New content modules will be dropped on Mondays.

Live Q+As will be held on Wednesdays at 5:30PM PST. You're welcome to show up live or submit your questions ahead of time (by around 12PM the day of the live Q+A). A recording of the live Q+As will be posted in the program within 24 hours.

Specific subjects:

Week 1 9/22: Module 1: 5 Element Foundations

Week 2 9/29: Module 2: The Wood Element, Live Q+A #1 on 10/1

Week 3 10/6: Module 3: The Fire Element, Live Q+A #2 on 10/8

Week 4 10/13: Integration/catch up week

Week 5 10/20: Module 4: The Earth Element, Live Q+A #3 on 10/22

Week 6 10/27: Module 5: The Metal Element, Live Q+A #4 on 10/29

Week 7 11/3: Module 6: The Water Element, Live Q+A #5 on 11/5

Week 8 11/10: Integration/catch up week

Week 9 11/17: Module 7: Other Methods of Diagnosis and Troubleshooting, Live Q+A #6 on 11/19

Week 10 11/24: Thanksgiving break

Week 11 12/1: Module 8: Needle Technique and Possession, Live Q+A #7 on 12/3

Week 12 12/8: Module 9: Aggressive Energy and Husband/Wife Imbalance, Live Q+A #8 on 12/10

Week 13 12/15: Module 10: Exit/Entry and Akabane Imbalance, Live Q+A #9 on 12/17

Week 14 12/22: Holiday Break

Week 15 12/29: Holiday Break

Week 16 1/5: Module 11: Balancing Constitution and Miscellaneous Blocks

Week 17 1/12: Module 12: Point Types and Their Usage, Live Q+A #10 on 1/14

Week 18 1/19: Module 13: Treating the Spirit, Live Q+A #11 on 1/21

Week 19 1/26: Integration week

Week 20 2/2: Module 14: Integrating 5E and TCM, Live Q+A #12 on 2/4

Week 21 2/9: Module 15: Treatment Troubleshooting, Live Q+A #13 on 2/11

Week 22 2/16: Module 16: BONUS: Marketing 5E and Yourself, Live Q+A #14 on 2/18

Week 23 2/23: What's Next

Live Q+A #15 on 3/11

Live Q+A #16 on 4/15

Live Q+A #17 on 5/13

Live Q+A #18 on 6/10

Live Q+A #19 on 7/15

Live Q+A #20 on 8/12