

5 Element Acupuncture for Busy Practitioners

Program Syllabus Fall 2026 - Winter 2027

Course Delivery and Format:

Pre-recorded modules will be released on Mondays 3 weeks out of every month, with exceptions for US holidays (see schedule below).

Clinical Integration Sessions (CIS) will be held twice a month on Wednesdays at 10AM PST. These sessions are designed to help you apply the material in practice. You're welcome to attend live or submit questions ahead of time through the worksheets in Thinkific. Session recordings will be posted within 24 hours.

One week each month will be an integration week with no new content or Clinical Integration Session.

CE:

Pre-recorded module CE (30.5 hours) can be completed at any time. You must complete a worksheet and quiz for credit. NCBAHM and CA CE.

Live CE (12 hours) is available for the 12 Clinical Integration Sessions. You must attend live for credit. NCBAHM and CA CE.

Schedule and Curriculum:

Week 1 9/21: Module 1: 5 Element Foundations

Week 2 9/28: Module 2: The Wood Element, CIS #1 on 9/30

Week 3 10/5: Module 3: The Fire Element, CIS #2 on 10/7

Week 4 10/12: Integration/catch up week

Week 5 10/19: Module 4: The Earth Element, CIS #3 on 10/21

Week 6 10/26: Module 5: The Metal Element

Week 7 11/2: Module 6: The Water Element, CIS #4 on 11/4

Week 8 11/9: Integration/catch up week

Week 9 11/16: Module 7: Other Methods of Diagnosis and Troubleshooting, CIS #5 on 11/18

Week 10 11/23: Thanksgiving break

Week 11 11/30: Module 8: Needle Technique and Possession, CIS #6 on 12/2

Week 12 12/7: Module 9: Aggressive Energy and Husband/Wife Imbalance

Week 13 12/14: Module 10: Exit/Entry and Akabane Imbalance, CIS #7 on 12/16

Week 14 12/21: Holiday Break

Week 15 12/28: Holiday Break

Week 16 1/4: Module 11: Balancing Constitution and Miscellaneous Blocks

Week 17 1/11: Module 12: Point Types and Their Usage, CIS #8 on 1/13

Week 18 1/18: Module 13: Treating the Spirit, CIS #9 on 1/20

Week 19 1/25: Integration week

Week 20 2/1: Module 14: Integrating 5E and TCM, CIS #10 on 2/3

Week 21 2/8: Module 15: Treatment Troubleshooting

Week 22 2/15: Module 16: BONUS: Marketing 5E and Yourself, CIS #11 on 2/17

Week 23 2/22: CIS #12 on 2/24